

Brandi Carlile's 'Broken Horses' Memoir: A Raw and Unflinching Account of Love, Loss, and Forgiveness

Brandi Carlile's memoir, 'Broken Horses,' is a raw and unflinching account of her life, from her childhood in Washington state to her rise to fame as a singer-songwriter. Carlile writes about her struggles with addiction, depression, and body image, as well as her relationships with her family, friends, and bandmates. 'Broken Horses' is a powerful and inspiring story of resilience and triumph, and it is a must-read for anyone who has ever struggled with addiction, mental illness, or body image issues.



Broken Horses: A Memoir by Brandi Carlile

★★★★☆ 4.7 out of 5

Language	: English
File size	: 59487 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 318 pages



Early Life and Struggles

Brandi Carlile was born in Ravensdale, Washington, in 1981. She grew up in a poor family, and her parents divorced when she was young. Carlile began singing and playing guitar at a young age, and she formed her first

band, The Carliles, with her brother Jay in 1998. The band released two albums, but they did not achieve commercial success.

In her early twenties, Carlile struggled with addiction to alcohol and drugs. She also suffered from depression and body image issues. In 2005, she was arrested for driving under the influence of alcohol. This incident was a wake-up call for Carlile, and she decided to get sober.

Rise to Fame

After getting sober, Carlile began to focus on her music again. In 2007, she released her debut solo album, 'Brandi Carlile.' The album was a critical and commercial success, and it helped to launch Carlile's career as a singer-songwriter.

Carlile has since released six more studio albums, all of which have been met with critical acclaim. She has also won multiple Grammy Awards, including the award for Best Americana Album in 2019 for her album 'By the Way, I Forgive You.'

'Broken Horses'

'Broken Horses' is Carlile's first memoir. In the book, she writes about her childhood, her struggles with addiction, depression, and body image, and her relationships with her family, friends, and bandmates.

Carlile writes with honesty and candor about the challenges she has faced in her life. She does not shy away from the dark times, but she also writes about the hope and healing she has found. 'Broken Horses' is a powerful and inspiring story, and it is a must-read for anyone who has ever struggled with addiction, mental illness, or body image issues.

Themes

The main themes of 'Broken Horses' are love, loss, and forgiveness. Carlile writes about the love she has for her family, friends, and bandmates. She also writes about the loss she has experienced, including the loss of her father to cancer and the loss of her best friend to suicide.

Through her writing, Carlile shows that it is possible to heal from loss and find forgiveness. She writes about the importance of self-acceptance and self-love. She also writes about the power of music to heal and bring people together.

'Broken Horses' is a powerful and inspiring memoir that will resonate with anyone who has ever struggled with addiction, mental illness, or body image issues. Carlile writes with honesty and candor about her challenges, but she also writes about the hope and healing she has found. 'Broken Horses' is a must-read for anyone who wants to be inspired by a story of resilience and triumph.



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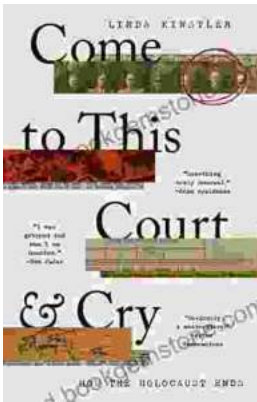
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